

The book was found

Sanity And Grace: A Journey Of Suicide, Survival, And Strength



Synopsis

Sanity & Grace speaks to all who have endured the sorrow of losing a loved one. In the depths of her suffering, Collins found relief by reaching out to others for help and support. Now she extends her hand to comfort other survivors whose lives have been affected by similar tragedy. Honest and inspiring, this story will not only interest Collins's followers but will also help soothe and heal those wounded by suicide and depression.

Book Information

Paperback: 208 pages

Publisher: TarcherPerigee; Reprint edition (April 20, 2006)

Language: English

ISBN-10: 1585424757

ISBN-13: 978-1585424757

Product Dimensions: 5.5 x 0.5 x 8.3 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 16 customer reviews

Best Sellers Rank: #134,995 in Books (See Top 100 in Books) #61 in Books > Arts & Photography > Music > Biographies > Country & Folk #287 in Books > Self-Help > Relationships > Love & Loss #288 in Books > Self-Help > Death & Grief > Grief & Bereavement

Customer Reviews

"Judy Collins was dealt one of life's worst blows in the suicide of her beloved son, Clark. She has dealt with that tragedy heroically in her beautifully written book, *Sanity and Grace*. I was both moved to tears and filled with the most enormous admiration for her as she depicted the phases of grief that ultimately led to her ability to go on with her life. There is beauty in this book."

Judy Collins has recorded forty-three albums over her long career, which has spanned more than forty years. She has several top-ten hits, Grammy nominations, and gold and platinum albums to her credit. She received an Academy Award nomination for her film *Antonia: A Portrait of the Woman* and has her own label, Wildflower Records, which contributes a portion of its proceeds to charity and nonprofit organizations. Collins is the author of *Sanity and Grace*, *Trust Your Heart*, *Singing Lessons*, and a novel, *Shameless*.

Judy gives insight into a painful and unimanagable journey a parent and family and friends go through when a child commits suicide. She shows courage and forgiveness as she shares the pain of her son's death and she also tells about the happy memories of him and the ongoing memories she is creating with his daughter and wife.

gave this as a gift to a family who experienced suicide.

I lost my son to suicide and it's helpful to know how someone else got though it.

Fast shipping; item exactly as described.

This book is rather depressing, but it gives great insight to Judy Collins the human being. There is some good poetry in it. I'm only half way through. It's a great bargain! Sanity and Grace

I was looking for more kiss and tells or tales. As the book mostly deals with the loss of her son I think the book could be helpful for someone trying to deal with the loss of a loved one due to suicide.

A touching, heartfelt, and honest story

Kind of rambling and repetitious. Resources were good and feelings were good but I felt it was not organized. I pre read it before giving it to a friend but I am not sure that I will.

[Download to continue reading...](#)

Sanity and Grace: A Journey of Suicide, Survival, and Strength Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips in the Prepping Urban Environment (The Prepper's Guide to Urban survival ... A Beginner's Urban Survival Prepping The School Year Survival Cookbook: Healthy Recipes and Sanity-Saving Strategies for Every Family and Every Meal

(Even Snacks) When I Go to Work I Feel Guilty: A Working Mother's Guide to Sanity and Survival
Suicide was at the end of my Rainbow: For those with suicidal ideations and suicide attempts
Suicide Information for Teens: Health Tips About Suicide Causes and Prevention (Teen Health Series)
Suicide Information for Teens: Health Tips about Suicide Causes and Prevention, Including Facts about Depression, Hopelessness, Risk Factors, Getting H (Teen Health Series)
The Complete Strength Training Workout Program for Rugby: Increase power, speed, agility, and resistance through strength training and proper nutrition
The Complete Strength Training Workout Program for Volleyball: Develop power, speed, agility, and resistance through strength training and proper nutrition
Advanced High Strength Steel and Press Hardening: Proceedings of the 3rd International Conference on Advanced High Strength Steel and Press Hardening - Ichsu 2016
Bodybuilding: The Straightforward Bodybuilding Diet Guide to Build Muscle, Build Strength and Put On Mass Fast As Hell (Fitness, Bodybuilding Nutrition, ... diet books, weight loss, strength training)
Bodybuilding: 48 Bodybuilding Secrets Proven To Help You Build Muscle, Build Strength And Build Mass In 30 Days Or Less (bodybuilding, fitness, strength training, bodybuilding training)
Youth Strength Training: Programs for Health, Fitness and Sport (Strength & Power for Young Athlete)
The Strength Switch: How The New Science of Strength-Based Parenting Can Help Your Child and Your Teen to Flourish
Strength Training Anatomy Workout II, The (The Strength Training Anatomy Workout)
Ballet Beautiful: Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer
A Life Worth Breathing: A Yoga Master's Handbook of Strength, Grace, and Healing

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)